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**HEALTH SERVICE PSYCHOLOGY DOCTORAL INTERNSHIP  
BROCHURE**

**WELCOME**

Thank you for your interest in the Psychology Internship program at Harbor Homes, Inc. in Nashua, New Hampshire. The Internship year may be the most important year of a psychologist's training. We strive to provide intensive and generalist professional training that develops an Intern's competence in providing psychological services within an integrated community setting. Harbor Homes' mission is to improve the quality of life of our patients through the integration of primary care and behavioral health services.

We have always been committed to a high standard of excellence in the service of a mostly low-income, under-served, Medicaid, Medicare and uninsured population and our unique structure and scope of services has allowed us to continue to fulfill this mission. Psychologists play an important role at Harbor Homes. The internship site is located at Harbor Care Health and Wellness Center, which is one of the programs that Harbor Homes operates. We provide training for both doctoral interns and psychology practicum students, as well as design treatment programs for our patients at the clinic. Harbor Care has a commitment to training students in psychology, as well as students in the fields of social work, alcohol and drug counseling and psychiatric and primary care nursing. At Harbor Care, psychologists are highly valued members among the multidisciplinary team of healthcare professionals that include primary care providers, psychiatrists, psychiatric nurse practitioners, clinical social workers, licensed alcohol and drug counselors, psychiatric nurses and pharmacists.

As a Federally Qualified Health Center, Harbor Homes, Inc. services an increasingly diverse population with a variety of behavioral health needs, thus allowing us to offer a variety of rich clinical training experiences. Interns participate in a unique range of clinical tracks. There is a year-long clinical track in integrated care, another track in substance use disorder, a track in neuropsychological testing, and one in traditional outpatient mental health care. There are also opportunities available to specialize in behavioral health interventions for pediatrics, women's health, and Medication Assisted Treatment for alcohol and opiate disorders, as well as the option of conducting research projects which can lead to dissertation topics for interns and practicum students.

## ABOUT US

**History:** Harbor Homes, Inc. was formed in 1980 as the parent non-profit corporation of Harbor Care Health and Wellness Center. Harbor Homes originated as an agency to assist with providing housing to homeless individuals in the greater Nashua area of Southern New Hampshire. As the agency grew, it became apparent that the homeless needed healthcare along with housing. At that time, Medicaid was not available to most homeless adults. Despite the expansion of Medicaid in 2014, the need has grown for Medicaid and also Medicare providers for the lower-income population, as well as the elderly, and children and adolescents in the Southern New Hampshire catchment area. Behavioral health is a specific area of need for these populations. Harbor Care Health and Wellness Center has been a leader in New England with the blending of primary care in behavioral health services. Our scope of services has grown from providing primary care services to combining behavioral health services and substance abuse treatment services as well as pharmaceutical and laboratory services as well as dental care all in the same building.

The mission of Harbor Homes, Inc. is to improve the well-being and healthcare, and house the homeless in our city of Nashua, New Hampshire and surrounding towns. Harbor Care Health and Wellness Center, which is a division of Harbor Homes, Inc. helps to improve the quality of life of our patients through the integration of primary care and behavioral health services. We are committed to a model of patient care that integrates medical and behavioral health care. We also provide low-cost pharmaceutical services, have an on-site laboratory, provide Medication Assisted Treatment for persons with opiate use disorder and alcohol use disorder, and sponsor many events for the community, such as free yoga classes, continuing education events, free holiday dinners, and have housed virtually all the homeless veterans in the community. We promote health improvement through prevention and self management concepts, partnering with our patients in a treatment approach that builds resiliency and encourages them to take personal responsibility for their health. We strive to improve the well-being of our patients by becoming their partner in healthcare. We are committed to evaluating the services provided and constantly strived to adopt or develop the best practice guidelines and treatment protocols that will best serve our patients, regardless of their ability to pay.

What is integrated care? We believe in a holistic approach to health care called integrated care. This bio-psychosocial approach to health care addresses the whole person by blending behavioral health services with primary care. By combining the population based philosophy of care with the expertise of behavioral health, we are able to treat the whole person so that a broad scope of patient needs his met in our model of care. The model is very effective in meeting the complex needs of underserved populations and increasing access to quality health care. Psychologists and Social Workers serve as behavioral health consultants working as part of the primary care team and are involved in assessment, intervention and consultation with patients. Services provided include diagnosis, education, behavior management, and treatment for various behavioral health issues. Our behavioral health consultants work with our

primary care providers to appropriately assess behavioral health concerns and collaboratively design a comprehensive treatment plan.

***Location and culture:*** Nashua New Hampshire is located in Hillsborough County, the Southern tier of the state, consisting of ten towns plus the city of Nashua. Nashua is an outlying suburb of Boston, and the surrounding area is a variation of suburban and rural. The city of Nashua has grown in recent years, and is home to a population of 88,500. Hillsborough County as a whole is populated by 409,000 persons. Patients vary widely in terms of educational level and socioeconomic status, but tend to share common cultural values that are evident in both patient care and community interaction. A strong sense of community, allegiance to the Northeast and the state of New Hampshire, and the importance of family loyalty characterizes this region.

### **INTERNSHIP OVERVIEW**

Our 12-month full-time 2000-hour psychology internship program, which enrolls 3 interns annually on August 31<sup>st</sup>, is designed to integrate your formal academic preparation with comprehensive clinical training. The objective of the clinical training experience is to expose interns to the following:

- Neuropsychological Testing Track assessing patients with dementia and other brain disorders. Also diagnostic assessment treatment and consultation within a range of treatment modalities (EKG, integrated primary care, for additional mental health, crisis stabilization for substance using patients in recovery).
- Opportunity to work with specialists in multiple disciplines (e.g., family physicians, nurse practitioners, psychiatrists, pharmacist, social workers, nurses, case managers) during the integrated care track.
- Learn evidenced-based behavioral health interventions with patients who are diagnosed with Substance Use Disorder.
- Implement a variety of theoretical orientations (e.g., cognitive-behavioral, systems, psychodynamic).
- Work with a diverse developmental patient group (children, adolescents, adults, elderly and (and ethnic (rural, urban, Hispanic, African-American) populations).

***Training model:*** This internship program subscribes to a developmental model of training. A developmental model of training and supervision has been suggested (Finkelstein and Teichman, 1977, Castle out and Deering, 1994; Castle out and Rice, 1985; Stedman, 1997) in order to facilitate the process of autonomy and professional development. Viewing the internship as a developmental process, the clinical psychologist supervising interns and practicum students individualize training to maximize the progress in transitioning from student to practitioner. Training is personalized and adapted to the trainee's level of functioning as new professional challenges are encountered.

***Structure:*** To allow for a diversified clinical experience, interns participate in four, year-long tracks (integrated primary behavioral care, traditional mental health

psychotherapy, substance use disorder treatment, and neuropsychological testing). The internship structure is also designed to allow for some flexibility for each intern to shape their clinical tracks to increase the breadth, depth and diversity of their training. Prior to the start of the internship and throughout the year, we work with each intern to develop a schedule that is tailored to his or her own unique clinical interests within the core framework of the program. The internship training experience is primarily focused on clinical assessment and intervention.

### **INTERNSHIP TRACKS AND SAMPLE SCHEDULE**

#### **Integrated primary behavioral care (12-month track, 1 day a week):**

The integrated primary behavioral care track offers interns the unique opportunity to train in the growing area of primary care psychology. Interns served as behavioral health consultants within a primary care setting (family practice, pediatrics, women's health and internal medicine) and are called upon by primary care providers to assess and treat patient's presenting with behavioral concerns during a primary care visit. They then provide feedback to the medical provider regarding clinical impression, treatment, and coordinate follow-up appointments with the patient as necessary. As members of an interdisciplinary primary care team, interns learn to apply psychological theory and techniques to address behavioral aspects of health and illness. Training also emphasizes understanding ethical issues that arise in a primary care setting and understanding the role of a psychologist on a primary care team. In this track, interns will provide a range of health psychology services to patients and medical providers, including:

- On-site and timely assessment assessing readiness to change and utilizing motivational interviewing techniques.
- Assessing readiness to change and utilizing motivational interviewing techniques.
- Psycho-education and behavioral lifestyle change.
- Management of behavioral factors and illness and health.
- Implementation of evidence-based practice to address mental health concerns (primarily cognitive behavioral, ACT, mindfulness and solution focused therapy)
- Consultation and collaboration with primary care providers.
- Facilitation of patient groups such as Intensive Outpatient Treatment group with dual-diagnosis patients who have both substance abuse and other psychiatric diagnosis.
- Interns see a diverse population that includes many indigent, homeless patients.

Primary Supervisors for this track:  
Susan Vonderheide, Ph.D., APRN  
Lauren Meehan, Psy.D.

#### **Traditional outpatient mental health (12-month track, 2 days a week):**

This track provides opportunities for both short and long-term individual psychotherapy,

as well as group, family and couples therapy. All interns carry an independent full caseload of child, adolescent, and adult patients over the course of the year. During a full day, most interns are scheduled to see 1 or 2 intakes and 4 to 5 ongoing therapy cases. Because of the nature of the patient's seen at Harbor Care Health and Wellness Center, interns have the opportunity to work with a wide range of mental health issues and often have cases from the majority of diagnostic categories. Interns develop and refine skills in clinical interviewing, diagnostic clarification, treatment planning, intervention, documentation, and coordination of care with on-site psychiatry and case management when appropriate. Interns may interact with other community agencies such as schools, medical providers, Department of Children's Services and the legal system.

Primary Supervisors for this track:  
Lauren Meehan, Psy.D.  
Susan Vonderheide, Ph.D., APRN

**Substance Use Disorder (12-month track, 1 day a week):**

Interns will also be trained to provide up treatment for patients with substance use disorder. This treatment model includes an intensive outpatient program for patients, as well as behavioral health interventions for patients on Medication-Assisted Treatment, such as group therapy and brief behavioral health interventions.

Supervisors for this track include:  
Susan Vonderheide, Ph.D., APRN  
Lauren Meehan, Psy.D.

**Neuropsychological & Psychological Assessment (12-month track, 1 day a week):**

Interns will see patients under the close supervision of our psychologist specializing in Neuropsychological Testing. Some patients are referred in from physicians in the local community with suspected diagnoses of dementia and other brain disorders, as well as patients referred by the staff at Harbor Homes, Inc. This track also includes supervision in Attention Deficit Hyperactivity Disorder Testing as well as Personality Testing. Interns work with Dr. Scanlon to design their caseload, and 8 test reports are required to complete this track. Since Neuropsychological Testing cases can be very complex, the supervision of the interns is particularly important for this track, and they are exposed to assessment instruments which they typically have not seen before the internship.

Supervisors for this track:  
Joan Scanlon, Ph.D.  
Lauren Meehan, Psy.D.  
Susan Vonderheide, Ph.D., APRN

## Sample Intern Schedule

	Mon	Tues	Wed	Thurs	Fri
8:30 am	Peer Group Meeting	Peer Group Meeting	Peer Group Meeting	Peer Group Meeting	Peer Group Meeting
9 am	Integrated Care	Traditional MH Intakes & Therapy pts	Testing Day Neuropsych. Testing	Traditional MH Intakes & Therapy pts	Intensive Outpatient Group (3 hours) SUD
11 am	Consultation w/ Primary Care	Individual Supervision	BH Staff Meeting		
Noon	Lunch	Lunch	Lunch	Lunch	Lunch & Integrated Health Live Video Seminar
1 p.m.	Research	Small Group Seminar	Individual Supervision for Testing	BH Therapy Patients	Small Group Supervision
2 pm	Integrated Care	BH Therapy Patients	Neuropsych. Testing		Medication Assisted Treatment Interventions
3 pm	Individual Supervision		Group Testing Supervision (1/2 hr) & Seminar (1/2 hr)		
4 pm	Documentation	Documentation	Documentation	Documentation	Documentation

## **HEALTH PSYCHOLOGY SUPERVISION PROGRAM**

Interns receive a minimum of four hours of formal supervision a week, including 2.5 hours of individual supervision and 1.5 hours of group supervision. All intern supervision is conducted by licensed, doctoral level psychologists. Process notes, audio recording, and video recording may be used as part of psychotherapy supervision. All clinical supervisors are continually available and have an “open door” policy allowing for additional informal supervision as needed. Interns also have the opportunity to shadow other clinicians and medical staff (e.g. clinical social workers, psychiatrists, psychiatric nurse practitioners) in a variety of settings, including the Integrated Healthcare Program, the Outpatient Behavioral Health Department, the Mobile Crisis Response Team, the Outpatient Substance Use Disorder program, and the Medically Assisted Treatment Program.

### **DIDACTIC TRAINING**

Interns participate in 1.5 hours of weekly didactic seminars designed to provide education in assessment and intervention on a wide range of psychological disorders and issues related to professional development and practice. Interns are also welcome to attend agency-wide continuing education trainings for free. Additionally, interns will be provided with required staff trainings (e.g. CPR/First Aid training, HIPAA-compliance training) which will help prepare them to become Health Service Psychologists. They will also attend day-long continuing education events related to treating patients who are homeless, substance use disorder diagnosis and treatment, and cultural competency training.

#### **List of sample didactic presentations**

- Primary Care Medicine/Integrated Care
- Psychology in Current Healthcare Climate
- Neuropsychological Testing Options for Patients Suspected of Dementia
- Public Health
- Psychopharmacology
- Chronic Pain
- Obesity Management
- Diabetes Health Education
- Pediatric Psychology
- Working with Diverse Populations
- Mood Disorders Assessment & Treatment
- Psychotic Disorders Assessment & Treatment
- Personality Disorders Assessment & Treatment
- Substance Abuse Assessment & Treatment
- Crisis Intervention
- Professional Practice & Ethics
- Patient Termination Issues

- Postdoctoral Process
- Preparing for EPPP & Transition to Professional Practice
- Preventing Burn-Out through Peer Supervision and other Strategies
- Preparing to Supervise Students in Future Professional Roles

### **ADDITIONAL TRAINING EXPERIENCES**

There are several additional training experiences embedded in the Internship program:

- Interns participate in weekly Behavioral Health Department meetings. This meeting is attended by all behavioral health providers at the clinic to discuss patient care. Case presentations cover a wide range of patient backgrounds and presenting problems, including severe and persistent mental illness and patients with complex medical diagnoses. Interns are invited to give case presentations regularly.
- Interns are invited to agency-wide trainings and educational events within Harbor Homes, Inc. These events occur throughout the year, and cover a wide variety of topics (e.g. Solution-Focused Therapy, Motivational Interviewing, HIV/AIDS Awareness, Safe Stations Programs, etc.). Interns are also invited to numerous community service and community-building events within the New Hampshire Partnership for Successful Living.
- Interns have the opportunity to attend Psychiatry Grand Rounds at Southern New Hampshire Medical Center and St. Joseph Hospital.

### **EVALUATION**

Evaluations of interns are scheduled every trimester. Interns are provided with written and oral feedback regarding their progress and professional development. Interns provide formal feedback to their supervisors three times a year and to the Internship Training Director on a semi-annual basis. Interns also complete a self-assessment during three evaluation periods (beginning, midpoint, and end of Internship) to develop and monitor their training goals. Interns meet formally with the Internship Training Director and/or Chief Psychologist monthly and more often as needed to review progress and discuss training issues.

### **INTERNSHIP BENEFITS**

**Stipend:** \$30,000 paid in 26 biweekly payments.

**Insurance Benefits:** Harbor Homes, Inc. offers a comprehensive benefits plan for Psychology Interns, which is the same plan available to all full-time employees, including health insurance benefits, dental insurance benefits, and optional life, accident, and disability insurance. Please refer to the Harbor Homes, Inc. benefits summary for more detailed information.

***Vacation and Leave:*** All Harbor Homes, Inc., interns and all employees enjoy a total of 10 paid holidays per year. Additionally, Interns earn 10 vacation days of paid time off, as well as 3 personal days. The personal days are awarded on the first day of the internship. Interns may also take up to 5 days for continuing education if they choose to seek additional seminars, etc. on their own. They are expected to provide proof of their attendance for such events, and are invited to do a presentation to the other interns about the event they attended. Sick days are also earned each pay period, for a total of up to 10 sick days annually which can also be used for caring for a sick child or other close relative for whom the employee is responsible. Interns may also take sick time for any whole-day medical appointments. There are 3 paid bereavement days for the death of a close family member.

***Professional Liability:*** Interns are covered for their Internship training activities under Harbor Homes, Inc.'s professional liability insurance (\$1,000,000.00 per claim and \$3,000,000.00 aggregate).

***APPIC and APA Accreditation:*** Harbor Homes, Inc., located at Harbor Care Health and Wellness Center, Psychology Internship program is listed with APPIC and is applying for APA accreditation on contingency, with anticipated site visit in 2020. The program can be fully accredited following collection of data on the interns, so full accreditation with APA will be pursued following the APA accreditation on contingency. Once the program has APA Accreditation on Contingency, it will be listed as an accredited program by the APA.

## **APPLICATION PROCEDURE**

***Qualifications:*** Applicants must be advanced students in good standing in graduate programs in clinical or counseling psychology (Ph.D. or Psy.D.). Intern applicants should have completed a minimum of three years of graduate training, completed basic required academic coursework, successfully passed their doctoral comprehensive or qualifying examinations and have the endorsement of their graduate program Director of Training.

***General Application and Selection Procedures:*** Harbor Homes, Inc. internship at Harbor Care Health and Wellness Center is listed with the APPIC internship track program. We agree to abide by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any Intern applicant. We are currently in the process of pursuing APA-accreditation. To find out what our status is with accreditation, interested persons may check the website at <https://www.apa.org/ed/accreditation/programs/index> or email [apaaccred@apa.org](mailto:apaaccred@apa.org). They may also call (202)-336-5979, TTD (202) 336-6123 for more information about our accreditation status with the American Psychological Association.

The application to the Harbor Homes, Inc Doctoral Internship in Health Psychology consists of a cover letter of interest and a curriculum vitae and two psychological

assessments which include intelligence testing, with redacted patient information. After all applications have been screened by our Training Committee, selected applicants will be invited for an onsite interview. Applicants will have the opportunity to meet with several of our faculty and interviewees are provided lunch. They may have an opportunity to meet current interns and practicum students in order to gain their input regarding their training experience. Interviews provide an opportunity to assess goodness of fit for both Internship program and Intern applicant. Our program participates in the computerized APPIC match.

*Harbor Homes, Inc. is an equal opportunity employer and adheres to APPIC's nondiscrimination policies.*

**Contact Information:** For any additional information that may be required to assist you in the application process, please contact:

Susan Vonderheide, Ph.D., APRN  
[s.vonderheide@nhpartnership.org](mailto:s.vonderheide@nhpartnership.org)  
Psychology and Integrated Primary Care Internship Director  
Harbor Care Health and Wellness Center  
45 High Street  
Nashua, NH 03060  
603-821-7769, x4013

Or

Lauren Meehan, Psy.D., Chief Psychologist  
[l.meehan@nhpartnership.org](mailto:l.meehan@nhpartnership.org)  
Harbor Care Health and Wellness Center  
45 High Street  
Nashua, NH 03060  
(603) 821-7769, x1269

## **HARBOR HOMES, INC. INTERNSHIP TRAINING FACULTY**

### **CORE TRAINING FACULTY**

**Susan Vonderheide, Ph.D., APRN**  
**Director of Clinical Training**

Dr. Susan Vonderheide is Director of Clinical Training for the Harbor Homes internship. She oversees the internship program and supervises doctoral interns and practicum students. Dr. Vonderheide received her Ph.D. from the University of Connecticut, and has worked with adults, adolescents and children in both inpatient and outpatient settings. She has been licensed in New Hampshire for over 30 years.

In May 2012, Dr. Vonderheide became a licensed RN after earning her Associate of Science degree in nursing from Rivier University. In May 2014, she completed her Master of Science at Rivier U. to become a Psychiatric Nurse Practitioner and passed her Board Certification examination in July 2014 to earn her APRN. This credential allows her to prescribe independently in New Hampshire. She prescribes to her patients at Harbor Care Health and Wellness Center.

Dr. Vonderheide consults with other local primary care physicians and nurse practitioners for those patients who are in need of medication. She also conducts a part-time private practice specializing in therapy for adults experiencing loss, as well as a testing service for patients seeking bariatric surgery or spinal cord stimulator surgery. She limits her private practice to psychology only, and does not prescribe in this setting. This allows her to continue the experience of working with patients solely in regard to their non-pharmacological behavioral health interventions. However, she does consult on occasion with her patients' prescribers in order to give advice on the best combination of medication and therapy. As proven with evidenced-based practice, patients benefit from a combination of psychological and pharmacological interventions.

Dr. Vonderheide's unique educational combination of a long-standing Ph.D. in clinical psychology, and a more recent (2014) additional license of APRN has allowed the interns being supervised a more detailed perspective of the patient's health concerns as well as which medications are the most helpful. In turn, Dr. Vonderheide is able to expeditiously encourage patients to begin and benefit from the therapeutic interventions that the interns are offering them. The term "warm hand-off" is frequently used to describe the steps taken to ensure a patient's agreeable compliance and desire for behavioral health treatment by introducing the patient to the intern or other behavioral health provider who can round out their care.

**Lauren Meehan, Psy.D.**  
**Chief Psychologist**

Dr. Lauren Meehan is the Chief Psychologist in the Psychology & Integrated Care Internship Program at Harbor Care Health and Wellness Center, where she supervises doctoral interns and practicum students. Dr. Meehan treats children, adolescents, and adults presenting with mood disorders, substance abuse, eating disorders, trauma and abuse history, personality disorders, severe and persistent mental illness, and relational problems. She completed her doctoral training at the Wright Institute in Berkeley, California, where her training included coursework and fieldwork informed by psychoanalytic and cognitive-behavioral theory, research, and technique. Her clinical work included conducting psychological testing and play therapy in public school districts and providing individual and couples therapy in community mental health, college counseling centers, and hospital settings. In New Hampshire, Dr. Meehan has conducted psychological evaluations in local public schools, and has provided psychotherapy and consultation in community mental health and private practice settings.

**Joan Scanlon, Ph.D.**  
**Psychologist Supervising Psychological & Neuropsychological Testing**

Dr. Joan Scanlon was educated at the University of Southern Mississippi for her graduate degrees as well as the McLean Hospital program of Harvard Medical School and a program at Massachusetts General Hospital for her internship and subsequent post-doctoral studies. She has spent over 30 years performing psychological and neuropsychological testing with adults and children and has a resume which reflects this specialty. She accepted the position working with the interns to teach them testing skills and spends one day weekly with them, both demonstrating testing, observing them conduct testing, conducting seminars, individually supervising them, and editing their test reports. Her background allows her to have both the depth and breadth of knowledge in regard to choosing which tests to administer to patients, as well as how to teach the interns the nuances of how to assess how the patient can be accurately diagnosed through their performance on each measure. She also continues to work in private practice conducting psychological testing practice as well as with a contract to provide testing to veterans.

**INTERDISCIPLINARY AGENCY SUPERVISING FACULTY**

**Elisabeth Maguire, MSW, LICSW**  
**Director of Behavioral Health**

Elisabeth Maguire is a Clinical Supervisor in the Behavioral Health Department at Harbor Care Health and Wellness Center, where she also provides psychotherapy. She received her MSW from Smith College School for Social Work in 2006, and began her career at Brigham and Women's Faulkner Hospital where she held several positions, including inpatient psychiatric clinical social worker, medical psychiatry service clinical social worker, and outpatient therapist. She later worked for the Department of Mental Health in Massachusetts on an intermediate care inpatient psychiatric unit.

Ms. Maguire experienced extensive training in DBT through a yearlong internship at Two Brattle Center in Cambridge, Massachusetts. She has specialized training in Cognitive and Behavioral Interventions through BU School of Social Work and Complicated Grief Treatment through Columbia University School of Social Work.

She is licensed as an independent clinical social worker in Massachusetts and New Hampshire, and is approved to provide supervision to LICSW candidates in New Hampshire. Additionally, she is an alumna of the National Health Service Corps., and is passionate about building a healthy community through caring for all people who need services, regardless of their social determinants.

**Cheryl Carroll, MSW, LICSW  
Social Worker**

Cheryl Ann Carroll is a Licensed Independent Clinical Social Worker, licensed in Massachusetts and New Hampshire since 2017. Cheryl began her social work studies at the University of New Hampshire in 2010, after a long career in retail customer service, and graduated with a Masters in Social Work in 2014. The primary focus of her interventions is Cognitive Behavioral Therapy, and Cheryl also has training in Dialectical Behavioral Therapy and psychotherapy. In addition to her current role as an outpatient therapist at Harbor Homes in Nashua, NH, she has worked as an outreach social worker and as a group facilitator in a Partial Hospitalization Program in Lowell, MA. Cheryl completed the 12-hour training, "Clinical Supervision in Mental Health Practice," as required by the State of New Hampshire for clinical supervisors of social work students or licensure candidates. Cheryl resides in Nashua and enjoys being part of the community she serves.

**OTHER CONTRIBUTING AGENCY FACULTY (ON-SITE)**

**Ajay Gupta, R.Ph., M.Sc.**

Ajay Gupta, Harbor Homes, Inc. Pharmacy Director, contributes to the internship by assisting in research with interns who wish to study the effects of yoga on patients who have Post-Traumatic Stress Disorder as a diagnosis. He also teaches a Medical Yoga class which can also be taken by disabled individuals, where interns, Core Internship Faculty and other staff members, learn relaxation techniques for themselves and their patients. He is a graduate of the University of Strathclyde, Scotland, UK and a native of his home country, India. He has received numerous awards for his teaching and also is the founder of YogaCaps, Inc. where he teaches yoga to disabled and elderly patients.

**Graciela Silvia Sironich-Kalkan, M.D.**

Harbor Homes, Inc. Medical Director, aka Dr. Silvia, provides a cornerstone in integrated patient care. She oversees the interns in the integrated care setting, and regularly refers patients as well as providing an excellent role model for "warm hand-offs" from medical care to behavioral healthcare. She is also central to running the Medically Assisted Treatment program for the patients who are diagnosed with a Substance Use Disorder. She is a native of Argentina, and graduated from Universidad de Buenos Aires in Argentina with her Doctor of Medicine. She has worked extensively with the Red Cross and has worked on the New Hampshire Governor's Commission on Latin Affairs.

## **ADJUNCT FACULTY (OFF-SITE)**

### **F. Alexander Blount, Ed.D.**

Dr. Alexander “Sandy” Blount received his Doctor of Education (Ed.D.) degree from the University of Massachusetts, Amherst, and completed his APA-approved internship at Connecticut Valley Hospital in Middletown, Connecticut. Dr. Blount serves as Professor of Clinical Psychology and Co-Director of the Center for Behavioral Health Innovation at Antioch University. Prior to his current position, Dr. Blount served as Director of the Center for Integrated Primary Care and Professor of Family Medicine and Psychiatry at the University of Massachusetts Medical School in Worcester, MA, and Director of Behavioral Science in the Department of Family Medicine and Community Health. At UMass Medical School, he taught physicians the psychosocial skills of primary care practice and established the postdoctoral Fellowship in Clinical Health Psychology in Primary Care.

Dr. Blount directs the Certificate Program in Primary Care Behavioral Health, a training program for practicing mental health professionals who want to learn to work in primary care. He is a member of the council of overseers of the National Academy for Integrating Mental Health and Primary Care sponsored by the U.S. Agency for Health Research and Quality. His books include *Integrated Primary Care: The Future of Medical and Mental Health Collaboration*, published by W.W. Norton and *Knowledge Acquisition*, written with James Brule, published by McGraw-Hill. He is Past President of the Collaborative Family Healthcare Association, a national multidisciplinary organization promoting the inclusion of mental health services in medical settings and he is Editor of *Families, Systems and Health*, and of the *Journal of Collaborative Family Healthcare*. Dr. Blount is a licensed psychologist in Massachusetts and New Hampshire.

### **Robert Walrath, Psy.D.**

Dr. Robert Walrath has worked as a clinical child psychologist and a school psychologist in New Hampshire since 1985. Working in private practice and school settings, as well as inpatient psychiatric units, Dr. Walrath has evaluated and treated thousands of children and adults in his career. In addition to teaching full-time in the Rivier University doctoral program in Counseling and School Psychology, Dr. Walrath serves as a consultant to several school districts in New Hampshire and with the Southeast Regional Education Services Collaboration (SERESC). Dr. Walrath’s clinical interests include Psychological Assessment, Non-suicidal Self-injury, and Child Psychotherapy. He has also served as the Department Chief of the Rivier Doctoral Program in Counseling and School Psychology, and led the program to APA accreditation in 2019.